



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE LIVES

Lifeguard Certification Course (10 Participants Max) NEW BRITAIN-BERLIN YMCA

WHEN: Monday, December 28th 11am-9pm
Tuesday, December 29th 11am-9pm
Wednesday, December 30th 11am-9pm
(MUST ATTEND ALL CLASSES)

PRICE: \$350.00
(MUST BE 15 YEARS OLD TO PARTICIPATE)

Location: New Britain-Berlin YMCA
50 High Street
New Britain, CT 06051
860-229-3787



***PRE-TEST:** ALL PARTICIPANTS MUST PASS TO PARTICIPATE IN COURSE.
Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve a 10lb object).